

## MINI VOLLEY CARDS ORDER FORM

I would like to purchase..... set (s) of the Mini Volley Cards at the Affiliated/ Non-Affiliated\* price

Affiliated member/club/school £20.00 inclusive of P&P  
Non-Affiliated member/club/school £30.00 inclusive of P&P  
(\* delete as appropriate)

EVA Affiliation Number (if applicable)

Total Amount Payable £.....

Please enclose a cheque for the above amount made payable to:  
"English Volleyball Association Limited"

\* for your school to affiliate to the EVA costs just £31 per annum & includes bi-monthly copies of 3Touch magazine, all mail-outs, information on coaching course dates & resource updates, & details of all competitions.

## CONTACT DETAILS

Name:

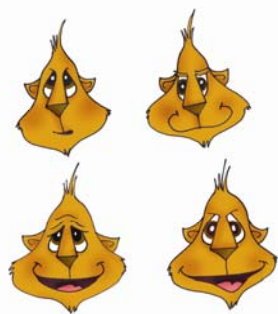
School/ Club:

Dfee Number (if applicable)

Delivery Address:

Home Address: (if different to above)

Tel  
Home:  
Work:  
Mobile:  
Email:



Please return to: English Volleyball Association, Suite B Loughborough Technology Centre, Epinal Way, Loughborough, Leicestershire, LE11 3GE



# MINI VOLLEY



- Teaching & coaching resources for the development of Volleyball
- A 4 hour training course to support delivery
- A set of 12 activity cards
- Small sided games structure: 3 v 3
- Designed to satisfy National Curriculum requirements at KS3

## INTRODUCTION

Mini Volley is a key element to the English Volleyball Association "Let's Play Volleyball" youth development programme and is a small sided (3 v 3) version of the full game designed to build on the game understanding & skills first introduced in the Volley Sport (2 v 2) programme. In England, Mini Volley is a recognised competition format for junior & youth volleyball, & is played competitively worldwide.

Mini Volley comprises a set of activity cards which will provide teachers and coaches with all they need to further develop the sport of volleyball to young players. The cards have also been designed to help teachers satisfy the requirements of the National Curriculum at KS3.

The EVA also believe that to get the most out of the Mini Volley Cards teachers and coaches should attend the associated training module. This 4 hour training course provides an opportunity to become familiar with the resource and explore a variety of ways of using the activity cards. A course can be organised by teachers from within a School Sport Partnership, by a Partnership Development Manager or a School Sport Co-ordinator: simply contact the EVA National Office for details.

## MINI VOLLEY: THE PHILOSOPHY

**The English Volleyball Association believes:**

- Young people learn best by playing the game
- That in order to match abilities of the developing child, programmes of work should be modified & adapted
- An understanding of strategy and tactics develop by solving the problems that are generated by playing the game.
- Use of the cards will encourage the development of teamwork, techniques & creative skills through a greater understanding of the game.
- Organisational leadership & officiating skills should be developed as early as possible.
- Whenever possible the role of the teacher and coach is to assist the young person's learning through asking questions, suggesting modifications & adaptations.
- Fair play & sporting behaviour should be encouraged at all times.
- Young people should play in a safe, effective & child friendly environment.



## THE MINI VOLLEY CARDS

There are 12 cards in total, divided into four groups:

- Warm-up Cards (2): designed to help players prepare physically & mentally for the game, development & technical components of any session.
- Game Cards (2): the main vehicles for children to learn the principles, strategies & basic techniques of Mini Volley. Also included is a universal card which refers to sitting volleyball. These cards should form the central focus of any session.
- Development Cards (4): designed as conditioned games where activity organisation & adapted rules help emphasise a particular sub-component of the full game, enhancing play in the 3 v 3 format. Also included is a universal card which refers to sitting volleyball.
- Technical Cards (3): designed to support the activities of the development & game cards, & cover the techniques of forearm passing, attacking, officiating & tournament organisation.



## FOR MORE INFORMATION...

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